

Boys' Individual Track and Field Champions

Year	Event	Champion	School	Mark	Runner-up	School
2008	100	Sean Alfino	Rio Mesa	10.76	Jerell Thomas	Rio Mesa
	200	Sean Alfino	Rio Mesa	21.68	Quentin Greenlaw	Rio Mesa
	400	Greenlaw	Rio Mesa	50.01	Steven Richards	Rio Mesa
	800	Greg Kelly	Camarillo	2:00.85	Erik Pinuelas	Adolfo Camarillo
	1600	Miguel Reyes	Pacifica	4:31.35	Evan Gravelle	Adolfo Camarillo
	3200	Heyden Wooff	Adolfo Camarillo	9:42.96	Jose Alcantar	Hueneme
	110 Hurdles	Tyler Brown	Adolfo Camarillo	15.64	Andre Austin	Hueneme
	300 Hurdles	Tyler Brown	Adolfo Camarillo	41.33	Brandon Cooksey	Rio Mesa
	4 X 100 Relay	<u>Rio Mesa</u> <i>Jerell Thomas</i> <i>Quentin Greenlaw</i> <i>Steven Richards</i> <i>Sean Alfino</i>		42.88	Adolfo Camarillo	
	4 X 400 Relay	<u>Adolfo Camarillo</u> <i>Greg Kelly</i> <i>Lee Byungwook</i> <i>Max Zadini</i> <i>Mark Berry</i>		3:25.42	Rio Mesa	
	Long Jump	Tyler Brown	Adolfo Camarillo	21' 1"	Randall Oden	Hueneme
	Triple Jump	Tyler Brown	Adolfo Camarillo	40' 9"	Andre Austin	Hueneme
	High Jump	Tyler Brown	Adolfo Camarillo	5' 10"	Milton Tellez	Channel Islands
	Shot Put	Ina Liana	Rio Mesa	46' 3"	James Lopez	Rio Mesa
	Discus	Carlos Martinez	Oxnard	144' 1 1/2"	Jordan Oliver	Pacifica