

## Girls' Individual Track and Field Champions

Year	Event	Champion	School	Mark	Runner-up	School
2003	100	Erika Walker	Rio Mesa	13.18	Latasha Mitchell	Rio Mesa
	200	Lauren Reid	Rio Mesa	26.30	Brittney Dillon	Rio Mesa
	400	Bethany Leong	Rio Mesa	1:00.77	Brittney Dillon	Rio Mesa
	800	Janelle Sisting	Rio Mesa	2:21.32	Katie Virant	Rio Mesa
	1600	Megan Moyer	Rio Mesa	5:34.20	Sasha Souder	Rio Mesa
	3200	Megan Moyer	Rio Mesa	12:20.70	Sara Beckton	Rio Mesa
	100 Hurdles	Janine Roberson	Hueneme	16.81	Susan Jackson	Oxnard
	300 Hurdles	Jennifer Albertson	Adolfo Camarillo	47.59	Christina Villa	Rio Mesa
	400 Relay	<u>Rio Mesa</u> <i>Latasha Mitchell</i> <i>Cyla Burnette</i> <i>Erica Walker</i> <i>Bethany Leong</i>		51.18	Adolfo Camarillo	
	1600 Relay	<u>Rio Mesa</u> <i>Janelle Sisting</i> <i>Lauren Reid</i> <i>Brittney Dillon</i> <i>Bethany Leong</i>		4:09.73	Adolfo Camarillo	
	Long Jump	Lauren Reid	Rio Mesa	18' 0 1/2"	Latasha Mitchell	Rio Mesa
	Triple Jump	Janine Roberson	Hueneme	34' 0"	Siobhan Byrne	Oxnard Adolfo
	High Jump	Lauren Reid	Rio Mesa	5' 1" 36' 1	Lizzy Wigton	Camarillo Adolfo
	Shot Put	Erica Guy	Hueneme	3/4"	Erica Hanson	Camarillo Adolfo
	Discus	Chiles	Hueneme	114' 6"	Jaclyn Salle	Camarillo