

Girls' Individual Track and Field Champions

Year	Event	Champion	School	Mark	Runner-up	School
2013	100	Zaria Francis	Adolfo Camarillo	12.51	Alisha Greenlaw	Rio Mesa
	200	Alisha Greenlaw	Rio Mesa	26.02	Jasmine Loring	Oxnard
	400	Jessica Hansen	Rio Mesa	61.80	Kaitlyn Albers	Oxnard
	800	Kathleen Dunne	Adolfo Camarillo	2:22.40	Isabella Dang	Oxnard
	1600	Kathleen Dunne	Adolfo Camarillo	5:21.97	Meghan O'Connell	Adolfo Camarillo
	3200	Kathleen Dunne	Adolfo Camarillo	11:40.66	Yliana Ortega	Adolfo Camarillo
	100 Hurdles	Alisha Greenlaw	Rio Mesa	15.73	Maeve Hanafin	Rio Mesa
	300 Hurdles	Maeve Hanafin	Rio Mesa	49.99	Nisa Contreras	Pacifica
	4 X 100 Relay	<u>Adolfo Camarillo</u> <i>Olivia Aleman</i> <i>Zaria Francis</i> <i>Kathrynne Bustard</i> <i>Francesca</i> <i>DellaLibera</i>		50.22		Channel Islands
	4 X 400 Relay	<u>Oxnard</u> <i>Aimee Campbell</i> <i>Kaitlyn Albers</i> <i>Cristina Garcia</i> <i>Jasmine Loring</i>		4:12.64		Adolfo Camarillo
	Long Jump	Francesca DellaLibera	Adolfo Camarillo	16' 10 3/4"	Bayley Holliday	Rio Mesa
	Triple Jump	Cecelia Lucas	Rio Mesa	36' 0"	Chloe Ramos	Oxnard
	High Jump	Raegan Nizdil Geraldynn	Rio Mesa Adolfo	5' 6"	Jovan Turner	Oxnard Channel
	Shot Put	Leaupepe	Camarillo Channel	46' 4"	Tiarah Umu Geraldynn	Islands Adolfo
Discus	Tiarah Umu	Islands	127' 0"	Leaupepe	Camarillo	