



Channel League

Code Book

2022 - 2023

Buena, Dos Pueblos, Oxnard, Pacifica, Rio Mesa, San Marcos, Santa Barbara, Ventura

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Channel League CODE BOOK

California Interscholastic Federation - Southern Section

CONSTITUTION

ARTICLE 1

NAME AND MEMBERS

SECTION 1

This organization shall be known as the Channel League of the California Interscholastic Federation, Southern Section (hereafter CIF-SS). Regular member schools shall be those recommended to and approved by the CIF-SS. Special member schools shall be those approved by the Council of this League for special participation in given sports when there are schedule openings not occupied by regular member schools. The Channel League Council shall annually approve the official list of member schools.

SECTION 2

Regular member schools for the 2022-2023 school year shall be Buena High School, Dos Pueblos High School, Oxnard High School, Pacifica High School, Rio Mesa High School, San Marcos High School, Santa Barbara High School and Ventura High School. For the sport of 11 man football, Channel Island High School is a member as well.

ARTICLE 2

PURPOSE

SECTION 1

The purpose of this organization shall be:

- A.** To direct and control interscholastic athletic programs of the high schools of the League.
- B.** To maintain standards as prescribed by the CIF-SS.
- C.** To cultivate good standards of sportsmanship and friendly relations among the schools of the League.
- D.** To provide and maintain an awards system for both boys and girls athletics.

ARTICLE 3

COUNCIL

SECTION 1

The Council, composed of an administrative representative of each member school, shall be the governing body of the organization.

SECTION 2

Decision of the Council shall be final unless on appeal, as provided in the CIF-SS Bylaws, a Council decision is overruled by that organization.

- A.** The Council shall enforce all rulings, which are herein stated, or which may be provided for hereafter, either by constitutional provision, the bylaws, or as approved by the Council at any regular or special meeting.
- B.** Members of the Council shall ensure that the rules and regulations included in this Code Book are understood and enforced in their individual schools.
- C.** It shall be the responsibility of each administrative representative to have a Code Book in his/her possession at all League meetings. Any changes in that document should be reflected in all other copies at member schools.
- D.** The Code Book will be updated annually by the current President of the League subsequent to the last regularly scheduled League meeting in May and prior to the August meeting. The League will assume the maximum costs of one clerk typist for one day for this purpose.

SECTION 3

Each administrative representative shall be entitled to one vote.

SECTION 4

A quorum shall consist of a majority of the members of the Council.

SECTION 5

A motion shall be considered passed if a majority of the quorum votes yes.

SECTION 6

If the vote on any motion shall result in a tie, that motion shall be lost.

ARTICLE 4

OFFICERS

SECTION 1

The officers of the Channel League Council shall consist of the following: a President, Vice President, Secretary, Treasurer, League Representative to the CIF-SS., and a League Coordinator.

SECTION 2

The officers of the Council shall include the President and Vice-President, who shall be the Principals of member schools rotated annually. The positions of League Representative, Secretary, Treasurer, and League Coordinator will be appointed by the President and approved by the Council.

SECTION 3

The new officers shall be installed as the last item of business at the annual meeting in May.

SECTION 4

Duties:

- A.** The President shall preside at meetings and call special meetings.
- B.** The Vice-President shall assume all duties of the President in their absence.
- C.** The Secretary shall keep, maintain, and distribute minutes to member schools of all League meetings. It shall also be the duty of the Secretary to forward meeting agendas and maintain all correspondence. Unless otherwise decided, the duties of the Secretary will fall to the Athletic Secretary aligned to the League President.
- D.** The Treasurer shall be authorized to disburse approved funding, record all expenditures and receipts, and submit reports as required.
- E.** The League Representative shall represent the League in accordance with the CIF-SS Constitution and Bylaws.
- F.** The League Coordinator shall be responsible for comprising League schedules annually. These schedules shall be completed and submitted for approval at the Spring Meeting. The League Coordinator shall administer the compiling of contest results, recording of championships, acquiring of awards and issuing of awards. The League Coordinator will also facilitate the reporting of contest results to CIF as necessary.

SECTION 5

Term of Office: The customary term of office for each office is one year, From June 1 to May 31. No elected officer of the League shall serve more than two terms. The positions of League Secretary and Treasurer need not have to be considered in the normal rotation of offices. Consecutive years in any one office except the League Representative to the CIFSS, who may be continued in office annually at the will of this Council. The positions of League Secretary and Treasurer need not have to be considered in the normal rotation of offices.

ARTICLE 5 MEETINGS

SECTION 1

There shall be five regular League meetings during the school year, time and place to be determined by the Council.

SECTION 2

The President may call special meetings. Representatives must be notified of time and purpose of such meetings in writing, or if an emergency does not permit writing, by personal telephone calls to the administrative representatives (See *Article III, Section 2a*).

SECTION 3

Copies of the minutes of League meetings are to be emailed directly to each Principal, Assistant Principal of Athletics and Athletic Director.

SECTION 4

League Athletic Directors shall meet in advance of all regularly scheduled League meetings in order to set and refine the meeting agenda.

ARTICLE 6 OFFICIAL SPORTS

SECTION 1

The Council shall specify the official League sports in which championships will be determined.

ARTICLE 7 SCHEDULES

SECTION 1

Schedules shall be made and adopted for all sports in which there are league championships.

SECTION 2

The Council shall designate the responsibility for preparing League schedules in the officially adopted sports of the League. The Council shall direct the athletic directors to meet and review schedules for presentation and approval at least six months prior to the first League contest.

SECTION 3

Schedules shall, whenever possible, follow the yearly rotation system outlined below:

- A. In a single round, the last game shall be moved to first, all other games shall move down one slot, and at-home sites will be reversed.

- B. In double rounds, the rotation procedure will be applied to each of the two segments, the last game of each panel shall be moved to the top, and the procedure outlined in *A* above applied.
- C. In triple rounds, the procedure outlined above will apply to all three segments of the schedule. If a non-conventional triple round is utilized, the above procedure will be used as much as it applies.

SECTION 4

The time and place of athletic contests may be changed from adopted schedules when there is a mutual agreement of the schools involved.

ARTICLE 8 DUES

SECTION 1

For necessary funds, the Council is authorized to set dues and to assess member schools. The same fee shall be paid by each school. Dues shall be determined by the council at the end of the preceding year. (Exceptions may be made for those schools participating in only one sport).

ARTICLE 9 PROTESTS

SECTION 1

Filing:

- A. A protest must be filed in writing (email is acceptable) by the principal of the school protesting with the President of the League not later than one (1) school day after the cause for protest has occurred. Unless the protest is delivered personally, the postmark or the date the email is sent, shall be the date of filing. Before filing, the principal of the protesting school, or his representative, shall notify the principal of the opposing school of the action to be taken, and shall file with said Principal a statement of the points upon which the protest is based. If the President of the League is associated with the protesting school, a copy of the written protest shall be sent to the Vice President of the League.
- B. Protests regarding violation of CIF-SS rules must be filed with that office in accordance with CIF-SS procedures. A copy of the protest and a copy of the CIF-SS decision must be filed with the League office. The Channel League cannot adjudicate violations of CIF-SS policies.
- C. Procedures for actions on protests are included in the Bylaws. (**General Rules, Article I, Section 13**)

ARTICLE 10
SUSPENSION

SECTION 1

Schools which violate the Channel League Constitution or By-Laws and have had protests filed against them because of a constitutional violation may, upon unanimous decision of the Council, be reported to the CIF-SS and recommended for suspension. The school, or schools, named in the protest shall not vote.

ARTICLE 11
AMENDMENTS

SECTION 1

The Constitution and By-Laws of the League may be amended at any regular meeting of this League by a majority vote of the members present, provided notice of such amendment shall have been sent to all members of the Council one-week in advance. However, such amendments shall not be in effect for a period of ninety days after their passage except by unanimous consent of quorum present and voting.

CHANNEL LEAGUE CODE BOOK

California Interscholastic Federation - Southern Section

BY-LAWS

ARTICLE I GENERAL RULES

SECTION 1 - AMENDMENTS

These by-laws may be amended by a majority vote in accordance with *Article 11, Section 1*, of the Constitution at a regularly scheduled meeting.

SECTION 2 - CIF-SS RULES

Unless otherwise specified herein, the CIF-SS regulations shall govern. Coaches can make no internal regulation unless approved by the League Council.

SECTION 3 - LEAGUE DUES

League dues shall be determined annually by the Council.

SECTION 4 - LEAGUE CHAMPIONSHIPS AND LEAGUE TEAM OBLIGATIONS

League championships shall be determined in accordance with the rules for each particular sport. In any sport it shall take participation by a minimum of four League schools before a League Championship can be established.

- A. The Channel League Council shall designate all League Championships.
- B. Action designating sports authorized for championships during the following year shall be taken at the Spring meeting of the Council.

Each school in the League has an obligation to field a team in each classification of a sport in which a Channel League Championship is authorized before adding a non-league team of another classification in the same sport. The intent of this paragraph is to encourage priority of participation in sports and classifications in which League championships are authorized.

SECTION 5 - CIF-SS PLAYOFFS

The Channel League Representatives in the CIF-SS playoffs shall participate in the size and skill bracket designated by the CIF-SS. Channel League teams/schools shall encourage and support each other in postseason competition. No League coach or school representative shall give either a verbal, visual, or written scouting report on another League school. The League Playoff representatives will be determined by the league in accordance with CIF Blue Book guidance regarding guaranteed playoff spots. League champions, second place, third place, and other invited teams may participate in the CIF-SS playoffs in accordance with section rules. If a qualifying team declines, the next place team, if eligible, shall be offered the opportunity to participate.

SECTION 6 - TIES

Procedures for Ties for playoff seeding and CIF representation are now contained within each sports' individual by-law.

FOOTBALL: In the sport of football, ties for playoff seeding or representation shall be resolved as follows:

- A.** The results of the head-to-head competition among the tied teams shall determine seeding and/or representation.
- B.** Numbers will be drawn at the head coaches meeting prior to first Channel League games. If the head-to-head match-up does not break the tie, the lower number drawn of the tied teams will be tie-breaker.

OTHER THAN FOOTBALL: In all other sports, except Cross Country, ties shall be resolved as follows:

- A.** The results of the head-to-head competition among the tied teams shall determine seeding and/or representation.
- B.** If head-to-head competition does not resolve the tie and in the event the number of tied teams and the number of invitations are equal, the tie will not be resolved if the tied teams are in different playoff divisions. If the tied teams are in the same playoff division, a toss of the coin by the League President or designee shall determine seeding positions in the playoffs.
- C.** If head-to-head competition does not resolve the tie and the number of tied teams is greater than the number of invitations, a playoff shall be held. The President of the League and a representative of each involved school shall administer such playoffs.

Arrangements should be made within the following guidelines:

- 1. Home teams shall be determined by a coin flip. The home team shall make all Game arrangements.
- 2. Any profit or loss shall be equally shared by the participating schools.
- 3. In the event three or more teams are involved in a playoff, a blind draw by the League President shall determine all Bracketing and byes.
- D.** When playoff contests are not possible, the authorities of each school may agree to determine the representatives in their own manner. In the event there is no

agreement, the League President shall conduct a vote of all League schools. If such voting results in a tie, a coin flip shall determine representatives.

SECTION 7 - ADMISSION PRICES

GoFan will be the primary method for collecting money for Channel League events

League admission prices shall be as follows:

A. FOOTBALL

General Admission	\$10.00
Home Students	\$5.00
Home Students with ASB (per individual schools)	
Visiting Students	\$5.00
Reserved seats	(per individual schools)
Seniors, Military Discount	\$5.00
Children 6-12 years	\$5.00
Children 5 and under	Free

B. BASKETBALL, VOLLEYBALL AND WRESTLING

General Admission	\$8.00
Home Students	\$5.00
Home Students with ASB (per individual schools)	
Visiting Students	\$5.00
Reserved seats	(per individual schools)
Children 6-12 years	\$5.00
Children 5 and under	Free

C. Admission prices for LEAGUE CHAMPIONSHIP EVENTS shall be as follows:

General Admission	\$8.00
Home Students	\$5.00
Visiting Students	\$5.00
Children 5 and under	Free

SECTION 8 - GATE RECEIPTS

The home school shall retain all gate receipts and assume all costs of game administration (except for League-sponsored events). Official fees for League events and tournaments will be covered by the League. Profits from league events will be distributed back to the league.

SECTION 9 - PASSES

League schools shall honor passes as indicated below:

- A. **CIF-SS.** CIF-SS passes shall be honored at all contests sponsored by member schools as specified by that office.
- B. **District and Staff Passes.** District and Staff passes of participating schools shall be honored at all League contests. Each pass may include one guest. Current valid Faculty / staff ID badges will be considered a staff pass.
- C. Schools may, upon their discretion, issue "**Home Game Passes.**" These passes will **not** be honored at away contests.
- D. Each school will be given 25 Channel League "League Passes."

SECTION 10 - FREE ADMISSION

Students shall be admitted free of charge under the following conditions:

- A. Uniformed band members with instruments officially representing participating schools shall be admitted to League football contests free of charge.
- B. Uniformed cheer and/or song leaders officially representing participating schools and their advisors / coaches shall be admitted to all League contests free of charge.

SECTION 11 - RADIO AND T.V. BROADCASTS

Each school has the right to enter into media coverage agreements of its own construction. It is strongly urged that the CIF-SS guidelines regarding rights fees, etc., be followed. The home team shall have sole control of such broadcasts. As a matter of courtesy, visiting schools should be notified of any scheduled broadcasts.

SECTION 12 - ALL-LEAGUE SELECTIONS.

The Channel League shall sponsor all-league selections within the guidelines herein prescribed:

- A. **Awards.** Appropriate league awards shall be presented to each athlete selected to the first team of each recognized sport.
- B. **Selection.** All-League selections shall be determined only by: (1) designated placement in an all-league type of meet; or (2) selected by a vote of league coaches. Selections shall be made at the Varsity level only.
- C. **All-League Awards.** League-approved awards will be presented to each athlete selected to the first team. **The number of athletes may never exceed the number specified herein:**

Baseball 15 athletes to be selected by the coaches

Basketball 8 athletes to be selected by the coaches.

Beach Volleyball 10 athletes to be selected by the coaches

Cross Country First seven (7) finishers shall be declared "All-League First Team."
Finishers 8 - 14 shall be declared "All-League Second Team."
Finishers 15 - 21 shall be declared "Honorable Mention".

Football 32 athletes to be selected by the coaches.

Golf 6 athletes with lowest scores in the League Tournament.

Soccer	16 athletes to be selected by the coaches.
Softball	15 athletes to be selected by the coaches.
Swimming	Each winner of a league-approved varsity event in the all-League meet.
Tennis	10 athletes to be selected by the coaches.
Track & Field	Each winner of a league-approved varsity event in the all-League meet.
Volleyball	10 athletes to be selected by the coaches.
Water Polo	11 athletes to be selected by the coaches.
Wrestling	Each winner of a varsity weight division in the all-League meet.

- D. All League Voting** - At the all league selection meeting, coaches are not permitted to vote for their own players or for themselves for Coach of the Year.
- E. Most Valuable Awards**. Coaches may select one athlete as MVP or Player of the Year for each sport. In sports where there are offensive and defensive teams, a MVP or Player of the Year may be selected from each area. That athlete shall be one of the allotted numbers permitted. In extreme cases it would be permissible to name Co-MVP's.
- F. Second Team and Honorable Mention**. Coaches shall select an All-League second team by the same process as the first team and within guidelines herein specified. *No more than two athletes per school may be designated as Honorable Mention at the discretion of the coaches.*
- G. Other Awards**. There shall be no other awards except as provided for in above sections. Any such action by the selection committee shall be declared out of order.
- H. Coaching Award**. The coaches of each varsity sport **may** name a League coach in their respective sport to be designated as "Coach of the Year."
- I. Quotas**. A Quota system will be used to determine the number of selections per team based on how the team finished in league.
 In the event that two or more schools are tied in league standings, the number of spots will be added up and divided by the number of schools to decide how many spots the tied schools will receive. If that number is an odd number then a spot will be added to the all league team for that sport so that the tied teams will have an equal number of spots for the all league teams.

1. Baseball and softball:

First Team 1st - 4 automatic	Second Team 1st - 2 automatic
2nd - 3 automatic	2nd - 2 automatic
3rd - 2 automatic	3rd - 2 automatic
4th - 2 automatic	4th - 2 automatic
5th - 1 automatic	5th - 2 automatic
6th - 1 automatic	6th - 2 automatic
7th - 1 automatic	7th - 2 automatic
8th - 1 automatic	8th - 1 automatic

2. Basketball

First Team (10 Spots)
1st Place (3)
2nd Place (2)
3rd - 7th Place (1)

Second Team (10 Spots)
1st Place (2)
2nd Place (2)
3rd - 8th Place (1)

3. Soccer

1 Offensive MVP/Defensive MVP will come from the nominees below:
1st - 5 automatic
2nd - 3 automatic
3rd - 2 automatic
4th - 2 automatic
5th - 1 automatic
6th - 1 automatic
7th - 1 automatic
8th - 1 automatic

Second Team and Honorable Mention: Coaches shall select 2 athletes for All-League second team and 2 athletes for Honorable Mention.

4. Volleyball

First Team	Second Team
1st - 3	1st - 2
2nd - 2	2nd - 2
3rd - 7th - 1	3rd - 8th - 1
8th - 0	

5. Water Polo

Water Polo First Team (11 Spots)	Second Team
1st Place (3)	1st-3rd Place (2)
2nd-3rd Place (2)	4th-8th Place (1)
4th-7th Place (1)	

J. Guidelines. The following guidelines shall be observed in administering the selection process:

- 1. Date.** All-league selections shall be held on the first Monday following the end of regularly scheduled league competition. An alternate date may be scheduled by agreement of the participating schools.

2. **Site and Time.** The meeting site and time shall be determined by the League President. It is strongly recommended that meetings be held on school campuses. If coaches wish to have dinner, it should be scheduled to follow the meeting.
3. **Administrator.** There shall be a facilitator assigned to attend each all-League selection meeting. The assigned person shall be designated **Meeting Coordinator.** These assignments are designated by school in the Appendix of these By-Laws. It is strongly recommended that an administrator attend. **If it is necessary to delegate the responsibility, an administrator should review the Awards Section of the League bylaws with the delegate prior to the meeting.** It will be the responsibility of the Meeting Coordinator to:
 - (a) Ensure that all participating schools are notified of the scheduled meeting including any specific instructions.
 - (b) Make necessary arrangements for a meeting site.
 - (c) Conduct the meeting and ensure that the procedure is within the guidelines of this section. The administrator shall not enter into the selection process but shall insist that the meeting be conducted within the standards of professionalism.
 - (d) Record and submit all selections to the League President for official recording by the next day.
4. **Meeting Attendance.**
5. **Committee Members.** Each school must be represented on the committee by only one person. **It is strongly recommended that this member be the head coach of that sport and may only nominate from their own school.** If a school is unable to send a representative, the principal of that school shall notify the meeting coordinator and inform him of any arrangements for representation.
6. **Media.** When media members attend, their function shall be limited to supplying technical information on nominees, recording the selections, and noting the release date. If members of the media attends, they should be reminded that the meeting is held in the strictest of confidence and no comment, either factual or editorial shall be published which would violate that confidence.
7. **Release Dates.** Release dates in all sports shall be no earlier than the Monday after the last League school has completed all CIF competition in that sport. This date may be modified by mutual agreement.
8. **Spirit and Intent.** Each administrator should read the following statement prior to implementing the selection procedure:

"The purpose of the all-League selection process must revolve around the educational welfare of the student-athletes of the Channel League. The express purpose and responsibility of the all-League selection committee shall be to select those players who have clearly demonstrated their excellence and outstanding performance on the field of play during the League season. There shall be no specific criteria nor quotas established by the League council, the Meeting Coordinator, or the selection committee.

The selection procedure is extremely important to the athletes of this League, and committee members should conduct the meeting in a highly professional

manner. Geographical location, personal bias, and personal animosities have no place in the selection process and can only serve to endanger the program of all-League selections. Any person whose demeanor is not in keeping with the spirit of the procedure shall be declared out of order and may be asked to leave the meeting."

9. **Recommended Procedure.** Strict adherence to procedure shall not be legislated but should be reasonably consistent throughout the league. Each meeting coordinator should have the flexibility to adapt the meeting to the circumstances.

Each Meeting Coordinator must establish a clear and well-thought-out procedure to submit to the selection committee. This should specifically include all procedures, number of players and positions to be selected, rotation of nominations, method of voting and counting, and careful recording of results.

In all cases, the vote shall be submitted on a secret, written ballot and tabulated openly on a chalkboard or whiteboard. All ballots should be stapled and labeled for possible review if requested.

It is further recommended that the order of the selection be:

- (a) Nominations for Coach of the Year;
- (b) voting for first team, MVP selection;
- (c) nominations for first team; and
- (d) selection of second team and honorable mention.

All players nominated for the first team are automatically nominated (**not selected**) for the second team. Further nominations and a vote for second team shall be taken at that time.

Meeting coordinators may, at their discretion, institute a revised procedural direction so long as the regulatory stipulations of this section are adhered to. All second team nominees are automatically named Honorable Mention. In addition, coaches may nominate other players to that category. It will not be necessary to vote.

SECTION 13 - PROTEST REGULATIONS

No protest shall be considered unless the written statements have been completed as required in **Article IX, Section 1, a.**, of the Constitution.

Types of Protests:

- A. Game protests must be based on a question of interpretations of the rules of a contest.
- B. Eligibility protests must be based on CIF-SS rules, or upon more restrictive Channel League rules.
- C. General rules protests must be based on Channel League or CIF-SS rules.

Action

Action on a protest shall be taken at the next League meeting if practical. In cases of emergency, i.e., League standings determining CIF-SS playoff representation, the President shall, at his or her discretion, determine a suitable method of arriving at a decision that will accommodate the playoff

schedule. Such a suitable method may include a special League meeting, a telephone poll of principals (or their representatives), and other means determined by the President.

Decision

The decision of the Council is final unless the protest involves the higher authority of the CIF-SS. In voting on a protest, each administrative representative shall have one vote, except that the administrative representatives of the schools involved may not vote.

In all protest judgments, the primary goal shall be justice rather than inordinate adherence to technicalities.

Report of the Area Assignor

The President of the League shall request the Area Assignor of the League to compile an impartial report of the situation surrounding any game or contest protest. This report shall be considered in the decision of the Council or of the President.

SECTION 14 – VIDEO EXCHANGE FOR CIF-SS PLAYOFFS

League schools shall not loan, exchange, or make available for viewing, game films or other visual materials of League teams during the CIF-SS playoffs, except as required by CIF-SS rules.

SECTION 15 - PEP BANDS

For Football contests only, both schools may have pep bands. Home teams only may have pep bands in other sports. For purposes of controlling excessively loud noise during the game, the following regulations shall be in effect:

- A. Instruments shall be used for musical accompaniment only and may not be used as noisemakers or for cheering purposes.
- B. Except for Football, pep bands shall be limited to fifteen instruments during the game. However, more instruments may be used for pregame, half-time, and postgame music.
- C. Electronic amplification is prohibited indoors.
- D. There shall be no pep bands at League playoff contests conducted to resolve ties for CIF playoff entries.
- E. The band may not perform while the ball is in play.

SECTION 16 - SPORTSMANSHIP

Students of League schools shall at all times extend the highest degree of courtesy and sportsmanship to all groups representing other member schools. All cheering should be positive and directed towards their own schools and team. School administrations shall at all times be responsible for the behavior and demeanor of their students, spectators, and athletes during contests and should make every effort to encourage and promote good sportsmanship.

In order to foster such attitudes, the following regulations, guidelines, and suggested procedures must be considered:

- A. **Regulations.** The following regulations shall be in effect at all times when two or more member schools are competing:

1. There shall be no derogatory remarks, signs, posters, yells, nor gestures directed at opposing schools.
2. At all contests between League schools there shall be designated seating areas for both visiting and home rooters. At no time may students sit in a section that has been designated for the opposition. The only exception to this rule would be if all designated seats were filled and those of the opposing team were not. Under those circumstances the above rule may be waived but such action must be closely supervised.
3. Megaphones may be used by uniformed cheerleaders at football games only. They shall be used for no other purpose than cheerleading.
4. Cheerleaders and spectators shall not kick or pound the gymnasium bleachers.
5. There shall be no skateboards, recorded music, radios, electronic non mechanical noisemakers per CIF rules. This restriction shall include horns, bells, sirens, chimes, or musical instruments except those used by the band.
6. Musical instruments used by the pep band in gymnasiums may not be used for cheering or rooting purposes.
7. At all League contests where public address systems are employed, the following statement shall be read to the spectators prior to the beginning of every League contest:

"Ladies and Gentlemen, welcome to Channel League ___ (Sport) _____. All contests are conducted under the strictest code of good sportsmanship. The officials are neutral authorities and have been selected because of demonstrated ability. Rooters are encouraged to support their own team and are requested to refrain from booing the opponents or the decisions of the officials. Thank you for your support."
8. Recorded music may be utilized for pregame or half- time activities in support of school performing groups except when prohibited by constitutional or bylaw provisions. This provision applies to the host school only.
9. No spectators will be allowed on the field. Only uniformed band, songleaders, and cheerleaders will be allowed on the playing field for the purpose of forming lines, formations, or tunnels as part of the pregame or half-time activities of the host school.

B. Administrative Responsibilities - It shall be the responsibility of the home school administration to ensure that the following details are attended to:

1. Each school administration shall be responsible to ensure that all staff and students are familiar with the rules and guidelines of sportsmanship.
2. If deemed necessary, specific procedures for enhancing good sportsmanship should be discussed prior to the date of the contest.
3. Visiting schools should be contacted regarding access, parking, facility usage, and other necessary arrangements.
4. The home school is obligated to provide the best possible facilities for contests, dressing, seating, parking, etc.
5. Visitors must be provided necessary protection from any type of physical or verbal abuse.

6. When possible, a staff member should be assigned to meet visiting school teams and rooters.
7. The home team shall be responsible for meeting with visiting administrators or coaches and identifying those in positions of authority.
8. All schools are encouraged to provide an adult timer for all Varsity contests. Every effort should be made to have an adult timer for lower level contests.

C. **Spectator Guidelines** - It is highly recommended that school student bodies be made aware of the guidelines as indicated in this section of the Bylaws. In applying the standards of sportsmanship, students and spectators should:

- know and understand the term "friendly competition"
- demonstrate total respect for all opponents
- make every effort to be a courteous participant
- respect the cheers and yells of the opposing school
- have respect for the game officials, they are an extremely important aspect of the game
- know and understand the rules of the Channel League as they pertain to sportsmanship
- not use vulgar or profane language
- not direct remarks or actions at opponents
- show support for your own team regardless of the circumstances
- show due respect for the Flag of the United States and the National Anthem
- show due respect for the Alma Maters of both schools
- refrain from booing either game officials or opponents
- not conduct objectionable or disorderly yelling since this is counter productive to good sportsmanship
- contribute to the organization and execution of school yells
- always be respectful of school property
- be respectful of the coaching staffs of both schools
- disperse in an orderly manner

D. **Awards Program**

1. An appropriate award shall be presented annually at the March meeting to that school selected by a majority vote of the League Council as the **Sportsmanship School of the Year**.
2. The League shall also sponsor awards in an effort to honor any outstanding acts of sportsmanship demonstrated during the course of League competition. Nominations and final decisions will be made at the end of each sport season, the November, March, and May meetings.

E. **Required Sportsmanship Meeting** - There shall be a meeting of representatives from every League school each fall to discuss sportsmanship for the upcoming year. The date of the meeting shall be established at the May meeting of the League Council. It is recommended that the pep squads, band representatives, ASB representatives, and advisors attend in addition to the administrator in charge of student activities.

- F. **Athlete Sportsmanship Code** - Every athlete of the Channel League should be familiar with the following code of conduct:

“As an athlete of the Channel League and the CIF-SS, I promise to respect”:

- my opponents
- the opposing coaches
- the rooters and spectators at all contest
- the game officials, their decisions, and their importance
- the property of the home team
- the rules of the game
- all school authorities
- the Alma Mater of my opponents
- my own team by cheering in a positive way if I am not in the game
- my opponents by encouraging good sportsmanship on my team
- the signs, the cheerleaders, and cheering efforts of the opposing school
- the game itself by accepting winning or losing in a positive way
- everyone involved by not using vulgar or profane language

- G. **Protest Procedure** - In cases where the principles of sportsmanship appear to have been violated, schools should exercise the following procedure:
1. When feasible, the offended school should contact the administration of the opposing school and make every effort to ameliorate the situation without official League action.
 2. When the offense is of a more serious nature, the offended school should initiate protest action as prescribed in the Channel League Bylaws, **ARTICLE I, General Rules, SECTION 15, Protest Regulations**. The League Council shall then determine the appropriate action and final disposition.

SECTION 17 - MUTUAL CONSENT

Certain by-laws, such as those which do not involve nor affect other League schools, may be set aside by mutual consent of the involved schools. Times, dates, and places may be changed by such mutual consent. Changes in Varsity football, basketball and baseball games are authorized but League schools must be notified in advance.

SECTION 18 - LEAGUE CHAMPIONSHIP MEET EXPENSES

When a school is designated as the host school for any Channel League Championship Meet, that school shall pay for all approved expenses associated with that event. At the conclusion of the event, the host school will submit an expense claim form to the League President for reimbursement.

Approved Expenses

The following may be considered appropriate expenditures for League Championship Meets:

- A. Officials

- B. Ticket Takers/Sellers
- C. Custodial
- D. Security
- E. Fees for pre approved management / equipment operations
- F. Timing for Swim, Cross Country, Track championships and Wrestling tournament coordinator

Meet Managers

The host school is responsible for the management of these events. No managers will be paid without prior approval of the Channel League Council.

Gate Receipts

All monies collected will be submitted directly to the Channel League. Host schools are to deduct any monies from gate receipts *to pay for approved expenses*. In the event that the expenses are greater than the income, the host school shall pay the remaining costs and submit those costs to the league for reimbursement. Any remaining profits are to be submitted to the Channel League.

Awards

All-League certificates will be provided by the Channel League

SECTION 19 - TEAM COMMITMENTS

Each school must announce at the beginning of each season the teams they will field for the following school year. When such announcements are made, member schools shall be obligated to schedule those teams. If the announcement of intent to field a team is made subsequent to that meeting, member schools shall be obligated to schedule those teams only to the extent that they have not filled their schedule.

SECTION 20 - POSTPONEMENTS/RESCHEDULING/CANCELLATIONS

When it becomes necessary to postpone a league contest, it shall be rescheduled within the guidelines of the following procedure:

POSTPONEMENT: Postponed contests are to be played on the earliest scheduled make-up date, or on the next school day with mutually open dates, in that order. School principals may exercise discretionary judgment when circumstances dictate.

Special Note: Coaches do not have the authority to postpone or reschedule any contest without consulting with site administration.

CANCELLATION: In the event that a contest will not be rescheduled nor finished, a decision to cancel must be made by administrators from each of the eight (8) league schools. This decision may be made in one of two ways:

1. A single meeting with an administrator or his representative from each league school.

2. A two-site meeting via telephone or Zoom communication of administrators from the eight (8) league schools.

The cancellation process should follow the postponement procedure.

SECTION 21 - SENIOR PARTICIPATION

With the exception of Cross Country, only freshmen, sophomores, and juniors may participate at the Junior Varsity level in any League championship event. However, seniors may participate at the JV level in Cross Country, Tennis, Track, Swimming, and Golf in dual competition.

ARTICLE II LEAGUE MEETINGS

SECTION 1

Meetings of the Channel League shall be held in the months of August, September, October, November, January, February, March, April, and May. The League President will submit the meeting schedule at the last regular meeting for the following year. Meeting dates may be redesignated by Council action.

SECTION 2

League meetings shall be scheduled at 9:00 a.m. or as otherwise directed by the League Council.

SECTION 3

Meeting sites shall be rotated alphabetically among League schools. However, the Council may elect to meet at a mutually agreeable site on a regular basis.

ARTICLE III OFFICIALS

SECTION 1 - APPOINTMENT

The Area Assignor shall be subject to annual approval by the League Council. CIF-SS regulations for Area Assignors shall govern League actions.

SECTION 2 - GAME OFFICIALS

All game or contest officials shall be members of an approved CIF SS Official's Association .

SECTION 3 - ASSIGNMENT OF OFFICIALS

All officials shall be assigned through that organization. If the assignor is unable to assign, League schools are authorized to solicit and hire their own officials. That official should either be a Southern Section official or mutually agreed upon qualified person. When such an occasion arises, the visiting school(s) should be notified as early as possible. If both schools cannot mutually agree on a qualified person the game will be rescheduled. *(CIF-SS by-law 1219)*

SECTION 4 - OBJECTIONS TO OFFICIALS

A League school may object to the assignment of a particular official to contests in which that school is participating. The principal of the objecting school should submit a letter to the Area Liaison specifying the reasons for the objection. The Area Liaison shall allow the objection or give the reason, in writing, why the request was not honored.

ARTICLE IV ELIGIBILITY OF ATHLETES

SECTION 1 - CIF-SS RULES

The eligibility rules of the CIF-SS shall govern all practice and League contests.

SECTION 2 - INELIGIBILITY LIMITATIONS

In order to affect the League compiled won-lost record of a school, the report of an eligibility infraction must be completed in writing and sent to the League President and Vice-President no later than one week after the close of the regular season.

ARTICLE V OFFICIAL LEAGUE SPORTS & CHAMPIONSHIPS

SECTION 1 OFFICIAL LEAGUE SPORTS AND CHAMPIONSHIPS

The following are official League sports in which championships will be determined:

Boys' Sports

Baseball:	Varsity; Junior Varsity; Frosh
Basketball:	Varsity; Junior Varsity; Frosh/Soph
Cross-Country:	Varsity; Junior Varsity
Football:	Varsity; Junior Varsity; Frosh
Golf:	Varsity
Lacrosse*	Varsity, Junior Varsity
Soccer:	Varsity; Junior Varsity, Frosh/Soph
Swimming:	Varsity; Junior Varsity
Tennis;	Varsity
Track & Field:	Varsity; Junior Varsity
Volleyball:	Varsity; Junior Varsity
Water Polo:	Varsity; Junior Varsity
Wrestling**:	Varsity; Junior Varsity - *There must be a minimum of four teams that have wrestlers entered in at least half of the weight classes

Girls' Sports

Basketball:	Varsity; Junior Varsity; Frosh/Soph
Beach Volleyball	Varsity, Junior Varsity
Cross-Country:	Varsity; Junior Varsity
Golf	Varsity
Lacrosse*	Varsity, Junior Varsity
Soccer:	Varsity; Junior Varsity
Softball:	Varsity; Junior Varsity, Frosh
Swimming:	Varsity; Junior Varsity
Tennis:	Varsity
Track & Field:	Varsity; Junior Varsity
Volleyball:	Varsity; Junior Varsity
Water Polo:	Varsity; Junior Varsity
Wrestling**	Varsity. *There must be a minimum of four teams that have wrestlers entered in at least half of the weight classes

* If the school offers the sport

SECTION 2 - DELETION OR ADDITION OF A SPORT

Official League sports may be added or dropped upon a majority vote by the members present, provided that a notice of such proposal shall have been given at the preceding regular Council meeting, or sent in writing to each school at least one month in advance of the meeting at which the proposal is to be considered.

SECTION 3 - DATES FOR CHANGE

The effective date for the addition or deletion of a sport shall be set by the Council at the time action is taken.

SECTION 4 - OFFICIAL RECOGNITION

Schools may engage in other sports or field additional teams, but no official League championship, scheduling, or recognition shall be granted to other than official League sports.

SECTION 5 - RIGHTS OF SCHOOLS TO PARTICIPATE

Schools may decline to take part in a given sport if they have inadequate participation, supervision, supplies, equipment or facilities. No school shall field a lower division team in any sport unless it also fields a varsity team.

SECTION 6 - CHAMPIONSHIPS

The Channel League shall recognize champions only as provided in these bylaws. No league championships shall be announced unless specifically authorized.

SECTION 7 - LEAGUE CHAMPIONSHIPS

League Champions shall be determined as specified under the regulations for each sport. League Champions will be recognized at the varsity level only.

SECTION 8 - DUAL MEET RECORDS

In cases where dual records are utilized in determining league standings, the following point system shall be applied:

Win - 1 point; Tie - 1/2 point; Loss - 0 point

SECTION 9 - TIES

When two or more teams tie for a championship, they shall be designated co-champions.

SECTION 10 - FORFEITS

A forfeit shall count as a loss in the League standings.

SECTION 11 - INSIGNIA RELATED TO CHAMPIONSHIP

All insignias provided in relation to championships and co-championships shall be consistent with that team's earned status. If a team shall tie for first place, any lettered award may read "League Champions."

SECTION 12 - LEAGUE AWARDS

There shall be an official All Channel League certificate available for athletes determined to be All-Channel League First Team selections.

**ARTICLE VI
BASEBALL**

SECTION 1 - CHAMPIONSHIPS

Championships shall be recognized at the Varsity level. Championships will be determined by win-loss records.

SECTION 2 - LENGTH OF GAMES AND STARTING TIMES

A regular baseball game shall consist of seven innings. Games shall be scheduled at 3:15 p.m. Any that do not start at 3:15 PM may be scheduled by mutual consent. Frosh Baseball - no new inning may start after two and one-half hours, Saturdays and holidays excepted.

SECTION 3 - GAME BALL

The ball must have the CIF mandated National Federation of High Schools (NFHS) authentication mark.

SECTION 4 - BATTING PRACTICE

BATTING PRACTICE: Channel League baseball teams will not be permitted to take batting practice on the day of a game prior to the commencement of the contest.

THE PENALTY FOR BATTING PRACTICE MAY BE FORFEITURE OF THE GAME.

- A. Batting practice will be construed as ANY type of pitching motion with ANY type of ball from in front of the batter (including pitching machines and overhand throwing). **THE ONLY ACCEPTABLE BATTING WARMUP WILL BE SIDE SOFT TOSS OR BATTING TEE WORK.** This should be done with only non-hard balls such as whiffle, smush, or reduced flight balls.
- B. For side soft toss, the guidelines are as follows: the tosser should be on a knee, to the side of the batter and the ball should be lifted, not pitched, to the batter. **NO PEPPER IS ALLOWED AT ANY DISTANCE.**
- C. To clarify any questions that may arise. “Tracking”, the idea that hitters will stand in a batter’s position, while pitchers throw overhand to a catcher, and “track” pitches as they come toward the plate, is not considered batting practice by definition and is allowable prior to playoff contests. Batters who swing, or attempt to swing or bunt in any fashion, will be in violation of this rule and may face the consequences of that action. Coaches should be very careful to monitor any and all pre-game activities.
- D. The use of the batting cage will not be permitted by any team prior to a Channel League baseball contest.

Since this is a league rule, any protests are to be made to the league through your AD or Administrator in charge following the Protest procedures outlined in the Code Book. Protests are not to be made to the Officials Association or CIF.

SECTION 5 - PRE-GAME INFIELD PRACTICE

It will be accepted practice for the home team to take infield at 2:45 p.m. and the visiting team at 3:00 p.m.

SECTION 6 - RAINOUTS

Rain outs shall be made up in the following manner:

- A. The game will be played:
 - 1. The first Wednesday following a Tuesday rainout, or the first Monday following a Friday rainout.
- B. 1. If there are circumstances that do not allow the Wednesday/Monday makeup, athletic directors and school administration will determine dates for those make up games.

SECTION 7 - CIF RAINOUT/SUSPENDED GAME PROCEDURES

If games are started and then must be called due to inclement weather, the following NFHS rule 4-2-3 applies:

- A. If a game has reached 4 and one-half completed innings, with the Home team ahead, then it is an official game and the result will stand. In other words, the Visiting team has had 5 completed innings at bat and the Home team is ahead in the contest.

B. If the game has reached 5 completed innings, with the Visiting team ahead, then it is an official game and the result will stand. In other words, if both teams have had 5 completed innings at bat and the Visiting team is ahead in the contest.

C. If a contest has not reached the required number of innings to be an official contest, and the game is called due to inclement weather, then the game is ended at that point and the umpire shall declare the contest “no game”. The teams/schools will decide when their next available date is (per league bylaws or mutual agreement), and the game starts all over with no score.

D. If a contest is tied and is stopped due to inclement weather, if it is less than an official game (has not reached the 4 and one-half completed innings or 5 completed innings), then the game would start over with no score. If it is an official game (5 completed innings or more), then it would result in a tie game for both teams.

Note: The outs recorded by any pitcher in a game that is ended before it is an official contest, DO count toward the 30 outs maximum during the current week, Monday through Saturday. In addition to the recorded innings/outs in a game that is ended before it is an official contest all pitches thrown by any pitcher also would count toward the pitch limitation rules.

SECTION 8 - ALL-LEAGUE SELECTIONS

All-League selections shall consist of 15 athletes, based on finish in league standings.

First Team

1st - 4 automatic selections

2nd - 3 automatic selections

3rd - 2 automatic selections

4th - 2 automatic selections

5th - 1 automatic selection

6th - 1 automatic selection

7th - 1 automatic selection

8th - 1 automatic selection

MVP will be one of these 15 players

Coaches may also select a pitcher of the year, out of these 15.

Second Team

1st - 2 automatic selections

2nd - 2 automatic selections

3rd - 2 automatic selections

4th - 2 automatic selections

5th - 2 automatic selections

6th - 2 automatic selections

7th - 2 automatic selections

8th - 1 automatic selection

Honorable Mention: Coaches select 2 honorable mention athletes from their school

SECTION 9 - TIES

When two or more teams tie for a championship, they shall be designated co-champions. (*Article 5, Section 9*). For CIF Competition, the following will take place:

- A. The results of head-to-head competition among the tied teams shall determine seeding and/or representation.
- B. Prior to the start of Channel League games, school Administration or head coaches shall draw numbers (1-8). This number order will be used as a tie breaker if head-to-head competition does not resolve the tie.
- C. If head-to-head competition does not resolve the tie and in the event the number of tied teams and the number of invitations are equal, and those teams are **in the same playoff division**, the lower numbers drawn by the administration (or at the head coaches meeting) prior to the season will be the tie-breaker.
- D. If two or more teams are tied and the head-to-head competition does not resolve the tie, and they play **in different playoff divisions**, those teams can remain as a tie. Those teams would be submitted as 1T or 2T (etc..) on the CIF Playoff documents.
- E. If head-to-head competition does not resolve the tie and the number of tied teams is greater than the number of invitations, **a playoff shall be held**. The President of the League (or designee) and representative of each involved school shall administer such playoffs.

Arrangements should be made within the following guidelines:

- 1. Home teams shall be determined by a coin flip. The home team shall make all Game arrangements.
 - 2. Any profit or loss shall be equally shared by the participating schools.
 - 3. In the event three or more teams are involved in a playoff, coin flip shall determine game order and byes
- F. When playoff contests are not possible, the authorities of each school may agree to determine the representatives in their own manner. In the event there is no agreement, the League President shall conduct a vote of all League schools. If such voting results in a tie, a coin flip shall determine representatives.

SECTION 10 - PITCH COUNT

The following are the pitch count rules for baseball, as adopted by CIF.

Pitch count limits and required rest:

Level	Maximum Contest Pitch Limit	0 Days Rest Required	1 Day Rest Required	2 Days Rest Required	3 Days Rest Required
Varsity	110 Pitches	1-30 Pitches	31-50 Pitches	51-75 Pitches	76+ Pitches
Freshman; F/S; JV	90 Pitches	1-30 Pitches	31-50 Pitches	51-75 Pitches	76+ Pitches

A. A pitcher may finish the current batter if the Maximum Contest Pitch Limit is reached during that at-bat.

B. Pitches thrown and appearances made in a no game (i.e., rainout, power failure, etc.) shall count toward the totals.

C. At the end of each inning, the home team will provide a visible pitch count confirming the pitchers' cumulative pitch count. In the case of a discrepancy, the home book is considered the official book.

D. Each school must keep a record of all pitches thrown by each of their players in each game and make this available to their respective Section Office upon request.

E. Any violation constitutes a forfeit of the contest.

ARTICLE VII BASKETBALL

SECTION 1 - CHAMPIONSHIPS

Championships shall be determined at the Varsity level. Championships will be determined by won-lost records.

SECTION 2 - STARTING TIMES

Games shall be scheduled at the following times: Frosh/Soph 4:00; Junior Varsity 5:30; and Varsity at 7:00. Every effort must be made to start the Junior Varsity game at 5:30.

SECTION 3 - LENGTH OF QUARTERS

All teams shall play eight minute quarters.

SECTION 4 - GAME BALL

For all games, a CIF approved NFHS ball shall be used.

SECTION 5 - JERSEY COLOR

The home team shall wear "white" or "light"; the visiting team shall wear a contrasting color.

SECTION 6 - MEGAPHONES

Megaphones or artificial noise-makers shall be prohibited.

SECTION 7 - PEP BANDS

The home school only may have a pep band. The band shall be limited to 15 members.

SECTION 8 - TIES

When two or more teams tie for a championship, they shall be designated co-champions. (*Article 5, Section 9*). For CIF Competition, the following will take place:

- A. The results of head-to-head competition among the tied teams shall determine seeding and/or representation.
- B. If head-to-head competition does not resolve the tie and in the event the number of tied teams and the number of invitations are equal, a toss of the coin by the League President shall determine seeding positions in the playoffs.
- C. If head-to-head competition does not resolve the tie and the number of tied teams is greater than the number of invitations, a playoff shall be held. The President of the League and representative of each involved school shall administer such playoffs.

Arrangements should be made within the following guidelines:

- 1. Home teams shall be determined by a coin flip. The home team shall make all Game arrangements.
 - 2. The contest site shall be neutral unless competing schools mutually agree to other arrangements.
 - 3. Any profit or loss shall be equally shared by the participating schools.
 - 4. In the event three or more teams are involved in a playoff, a blind draw by the League President shall determine all Bracketing and Byes.
- D. When playoff contests are not possible, the authorities of each school may agree to determine the representatives in their own manner. In the event there is no agreement, the League President shall conduct a vote of all League schools. If such voting results in a tie, a coin flip shall determine representatives.

ARTICLE VIII BEACH VOLLEYBALL

SECTION 1 - COMPETITION

The League Team Championship will be recognized only at the varsity level. Such a championship will be determined by the won-lost record for dual matches.

SECTION 2 - RULES

Current IBVL, National Federation Volleyball and CIF rules shall govern all League contests.

SECTION 3- START TIME

Match times will be 3PM for Varsity and JV to follow

SECTION 4 - NUMBER OF MATCHES

Each varsity match shall consist of 5 teams of two (doubles) playing based on team rank – for 5 total matches. The winning team must win 3 of the 5 matches.

SECTION 5 - TEAM RANKING/ PLAYER PLACEMENT

Players are only allowed to move up or down one ranked spot based on where they played the week prior. If there is a circumstance that requires a player to move more than one ranked spot in a given week, it will require approval from the Athletic Director at each school prior to the start of the match.

SECTION 6- JV MATCHES

Same system applies to Junior Varsity as Varsity. JV teams may play non-scoring matches with extra doubles teams if time permits.

SECTION 7- PLAYER LIMITATIONS/SUBSTITUTIONS

There is not a limit on how many players are on a team, however; substitutions for each individual match played will not be permitted. The doubles team must remain the same for the longevity of that match.

SECTION 8- EQUIPMENT

Players may wear hats and sunglasses. T-Shirts, uniforms, jerseys, beach socks, and tank tops are permitted. Bikini style uniforms are NOT permitted. It is recommended that squads wear uniforms of the same color and style in competition.

SECTION 9 -OFFICIALS

IBVL rules apply. Players make all calls. If there is a circumstance where multiple calls (line calls, bad sets, net violations, etc) are in dispute, similar to tennis, the first step would be to replay that specific point. If problems persist, coaches will need to become involved and may request a player from each team to act as line judges.

SECTION 10- WARM-UP

A ten-minute pre-game warm-up will be permitted for each competing school. Teams may share the court for this warm-up time

SECTION 11- COACHING

Coaches may only coach during time outs. During the side switch a coach may walk and talk without disrupting the flow of the game.

SECTION 12- SPECTATORS

No fans or spectators will be allowed on the courts at any time during matches or warm-ups unless the home team has a special seating arrangement available and it is agreed upon by both coaches. If any fans or spectators become distracting or unruly while sitting on the courts, they will be asked to leave.

SECTION 13- ALL LEAGUE

All League Selections will be determined by Athletic Directors by March 1.

ARTICLE VIII CROSS COUNTRY

SECTION 1 - COMPETITION

1. League competition shall consist of two (2) meets in which all League schools compete.
2. Scoring at these meets for the purpose of determining League standings will be as follows: a team will be awarded one point for each team beaten.

SECTION 2 - CHAMPIONSHIPS

The League champion shall be the team which has accumulated the highest number of points at the end of League competition. Ties for placement in the League standings will not be broken. However, if ties must be broken for seeding into the CIF prelims, highest placement among the tied teams **at the final League competition** shall determine entries.

SECTION 3 - STARTING TIMES

League 1 shall begin at 4:00 pm
League Finals shall begin at 2:00 pm

SECTION 4 - METHOD OF SCORING

The method of scoring shall be as authorized by the CIF-SS.

SECTION 5 - ENTRIES

The Varsity race shall be limited to seven runners per school. The JV races shall have unlimited entries.

SECTION 6 - LENGTH OF COURSE

The length of the course shall be approximately three miles.

SECTION 7 - ALL LEAGUE

The following formula shall be used to determine "All-League" selections in Cross Country:

In the Varsity division at the final League meet

First seven (7) finishers shall be declared "All-League First Team."

Finishers 8 - 14 shall be declared "All-League Second Team."

Finishers 15 - 21 shall be declared "Honorable Mention".

ARTICLE IX FOOTBALL

SECTION 1 - CHAMPIONSHIPS

Championships shall be determined at the Varsity, Junior Varsity and Freshman levels. In each case, the team with the best won-lost record in league dual competition shall be declared the champion.

SECTION 2 - LENGTH OF GAMES, STARTING TIMES AND SITE

Varsity games shall be played on Friday and shall consist of four 12-minute quarters. The JV and Freshman games shall be played on Thursday and have twelve (12) minute quarters. Varsity games shall begin at 7:00, JV's at 6:00 and Freshman at 4:00. The home Varsity school shall host all three contests.

SECTION 3 - TIE GAMES

Varsity games which are tied at the end of regulation play will utilize the CIF-SS 25 yd. tie-breaker system in order to determine a winner.

SECTION 4 - BALL

The official Channel League Football shall be any ball, leather or rubber, that is determined to be official as per the rules under which our high schools participate.

SECTION 5 - COLOR CONFLICT

In case of a conflict in colors, the home team shall wear dark jerseys.

SECTION 6 - CHARITY GAMES

League teams shall not participate in carnivals or charity games. By majority vote, the League may waive this rule to sponsor a carnival for raising funds to support the League. No profits shall go to any other organization.

SECTION 7 - COMMUNICATION FACILITIES

The host school shall provide adequate and equal spotting facilities for both schools. It is the responsibility of each school to provide its own communication system.

SECTION 8 - HALF-TIME ACTIVITIES

Suitable half-time activities shall be provided by the host school. Planned activities are considered desirable.

SECTION 9 - ROSTERS

Schools must send a team roster to opponents one week in advance of their games. Jersey colors are to be specified.

SECTION 10 - DOCTORS

In order for a Channel League Varsity Football game to begin, a licensed medical doctor or EMS unit, designated by the home team, shall be in attendance.

SECTION 11 - PRE-GAME

Half of the regular playing surface including the end zone, must be reserved for the exclusive use of the visiting team until twenty minutes prior to the kick-off. No pre-game activity should be scheduled to conflict with this period of warm-up.

SECTION 12 – MEDIA EXCHANGE

The following provisions shall be adhered to in the media exchange process:

- A.** A mandatory video exchange of a school's three (3) previous games or games as mutually agreed upon shall take place the Saturday morning before Channel League schools are scheduled to play in football.
- B.** It is the responsibility of the head coach to have the appropriate media Saturday morning for exchange.
- C.** The media must be electronically shared on approved services such as HUDL..
- D.** The video is to be of good quality.

- E. The video is to be unedited and include all plays in the game.
- F. The camera is to be located in or on the press box at the stadium.
- G. The framing of the picture should include all 11 offensive players and the first two lines of defensive players.
- H. The camera should be started when the quarterback's hands go under center or a team becomes set and the snap is imminent.
- I. A school failing to record its games to league standards is responsible for notifying its next opponent as soon as possible.
- J. A school not receiving game footage shall notify the sender/owner as soon as possible.
- K. The school creating the problem is under obligation to resolve the problem to the satisfaction of its opponent.
- L. Problems in the video areas, exchanges, etc., should be communicated between the head coaches.

SECTION 13 GAMES PER WEEK

Football players, on any level, shall be limited to playing in one (1) contest per calendar week.

SECTION 14 TIES

When two or more teams tie for a championship, they shall be designated co-champions. (*Article 5, Section 9*). For CIF Competition, the following will take place:

FOOTBALL: In the sport of football, ties for playoff seeding or representation shall be resolved as follows:

- A. The results of the head-to-head competition among the tied teams shall determine seeding and/or representation.
- B. Numbers will be drawn at the head coaches meeting prior to first Channel League games. If the head-to-head match-up does not break the tie, the lower number drawn between the tied teams will be tie-breaker.

**ARTICLE X
GOLF**

SECTION 1 - CHAMPIONSHIP

The League Team Championship will be recognized only at the varsity level. Such a championship will be determined by the won-lost record for dual matches.

SECTION 2 - INDIVIDUAL CHAMPIONSHIP

The Boys' Channel League Individual Golf Championship shall be determined by a 36-hole tournament and the Girls Channel League Championship shall be determined by an 18-hole

tournament to be held on a neutral course at least one week prior to the CIF-SS Individual Championship. The purpose of these matches shall be to determine individual entrance to the CIF tournament

- A. To determine the Channel League Individual entries into the CIF-SS Individual Championship.
- B. To determine the All-Channel League Team.

SECTION 3 - TIES

In both dual and individual competition, a tie shall remain as such and both shall be designated co-holders of that position. In Golf, in both dual and individual competition, a tie shall remain as such and both shall be designated co-holders of that position. In the event of a tie between the first five (5) golfers, the score of the 6th golfer will be used to decide the match. If a tie still exists after the sixth golfers score, the match will be declared a tie. In the event of a tie for the last CIF-SS individual qualifying berth, there shall be a sudden death playoff for that position. In the event there is a tie that creates more teams than there are available berths for the CIF-SS Team Championships, the results of the first day's scores of the League Individual Tournament shall determine the league representation.

- A. In the event of a tie between the first five (5) golfers, the score of the 6th golfer will be used to decide the match. If a tie still exists after the sixth golfers score, the match will be declared a tie.
- B. In the event of a tie for the last CIF-SS individual qualifying berth, there shall be a sudden death playoff for that position.
- C. In the event there is a tie that creates more teams than there are available berths for the CIF-SS Team Championships, the results of the first day's scores of the League Individual Tournament shall determine the league representation.

SECTION 4 - CIF-SS QUALIFYING

Qualifiers for CIF-SS play shall be determined as follows:

- A. **Team** - The League team champion shall automatically be designated the representative to the CIF-SS Team Championships.
- B. **Individual** - The Channel League Individual Tournament shall be the basis for qualifying into the CIF-SS Individual Championships.

SECTION 5 - CHANNEL LEAGUE INDIVIDUAL TOURNAMENT

The following regulations shall govern the tournament:

- A. Each League school is authorized to enter no more than six players in the tournament.
- B. The Boy's tournament will be a 36-hole, two-day match. The Girls' tournament will be an 18-hole, one-day tournament. The players with the five lowest scores shall be designated all-league and shall receive awards as prescribed in these Bylaws.
- C. CIF-SS Individual qualification shall be determined in the same manner as c. above. However, upon a majority vote of the League Golf coaches, one player of exceptional ability may be exempted from the qualifying standards and be entered directly into the CIF-SS Individual Championships.

SECTION 6 - TIME

League matches shall begin at 2:00 p.m or Course availability. It shall be the responsibility of the home school to start all matches as scheduled.

SECTION 7 - NUMBER OF HOLES

All League matches shall consist of eighteen (18) holes. All Girls' League matches shall consist of nine (9) holes.

SECTION 8 - SCORING

Scoring in Channel League matches shall be as follows:

- A. 1. **Dual Match** - Each team may enter no more than six players. The Match shall be scored by selecting the best five scores of the six players for a five-man aggregate team total. All six scores will be recorded for purposes of League statistics.
 2. White Stakes: Balls that go out of bounds will be assessed a two stroke penalty. The ball will be placed two club lengths on the fairway. Local rules may apply, coaches need to go over them at the pre match meeting.
 3. Maximum Score on a hole is double par plus one stroke.
- B. **Individual** - The Individual Tournament shall be scored as a thirty-six or 18 hole medal play contest.

SECTION 9 - TEAMS

League schools shall compete as follows:

- A. All Varsity teams shall consist of six (6) players.
- B. In dual matches it is recommended that players be entered in descending order of ability.
- C. Junior Varsity matches shall be conducted upon agreement of both coaches. Although the League does not recognize a Junior Varsity Championship, all such matches shall be conducted within the framework of the League rules.

SECTION 10 - SCHEDULES

Where two or more schools use the same home course, the coaches will re-assign any matches that are in conflict.

SECTION 11 - RULES

The rules of the United States Golf Association (U.S.G.A.) shall govern all play with the exception of those modifications of local rules.

- A. Coaches may give advice to their players between holes after all the golfers have left the green.
- B. Players may not receive advice from teammates. Example: Which club to use, Helping with alignments on shots and on the greens.

SECTION 12 - COMPLETED MATCH

In the event that a regularly scheduled Channel League Golf Match is officially terminated prior to the regulation number of holes being completed, the following rules shall prevail:

- A. If all competitors on the Varsity level have completed at least fifteen holes or more, the match shall stand as having been completed and shall not be replayed.
- B. Official team scoring shall be determined from the scores entered by each player for the first fifteen holes only. Completed holes after fifteen by players shall be counted as such.
- C. For statistical purposes, each player will receive one par and two bogeys for holes number sixteen, seventeen, and eighteen or three (3) scores mutually agreed upon by the coaches involved.

SECTION 13 - DRESS REGULATIONS

The following dress regulations shall be in effect at all Channel League golf contests regardless of site:

- A. All players must be appropriately attired. There shall be no blue jeans, undershirts, nor tank tops worn at the matches. Shorts may be allowed *IF* they adhere to CIF standards and are allowed by the home club.
- B. Proper golf caps may be worn. No inappropriate markings will be permitted.
- C. Golfers shall wear golf shoes. They shall also wear socks.

SECTION 14 - MATCH PROCEDURES

- A. **Violations** - Each of the following violations shall lead to a two-stroke penalty. A third violation by a golfer will result in disqualification. Player is first to be given a warning by a coach or a member of the foursome. Warnings and penalties are to be clearly stated before completion of the hole where the incident occurred.
 1. Frequent use of profane language.
 2. Throwing a club or ball.
 3. Damage to the golf course.
 4. Unwarranted slow play.
 5. Cheating or “horseplay.”
- B. **Grounds for Immediate Disqualification** - Possession or use of drugs and/or alcohol shall be cause for immediate disqualification.
- C. **Expected Course Behavior:**
 1. Rake sand traps, replace divots, and repair ball marks. (Yours as well as others.)
 2. Show courtesy to other golfers and to course personnel.
 3. Check and sign scorecards. Golfers are responsible for hole-by-hole scores only.

SECTION 15 - SPECTATORS

Spectators will not be permitted on the course at any time during matches hosted by Channel League Schools. Spectators may watch from the Clubhouse area only.

ARTICLE XI SOCCER

SECTION 1 - CHAMPIONSHIPS

League championships shall be determined at the Varsity and Junior Varsity level. Championships will be determined by point accumulation. In Boys and Girls Soccer:

Win – 3 points, Tie – 1 point, Loss – 0 point.

SECTION 2 - STARTING TIMES

Game times will vary based on the location of the games and the number of levels competing. When only 2 levels are competing the times will be JV: 3:15pm and Varsity: 5:00pm. When the games are played at Oxnard High and Pacifica High the game times will be as follows: F/S: 3:15pm, JV: 3:15pm and Varsity: 5:00pm. When games are played at any other location where 3 levels will compete the game times will be: F/S: 3:15pm, JV: 4:45pm and Varsity: 6:30pm.

SECTION 3 - LENGTH OF PERIODS

Length of periods shall be as prescribed in the CIF-SS Bluebook:

Varsity - 40 minute halves

Junior Varsity - 35 minute halves.

Frosh/Soph - 35 minute halves

SECTION 4 - GAME BALL

For all contests, a top-grade all-weather ball, size 5, shall be used. The ball must have the National Federation of High Schools (NFHS) authentication mark.

SECTION 5 - JERSEY COLOR

The home team shall wear their dark color jerseys and the visiting team shall wear all white jerseys. In the event of jersey conflict, the home team shall make the necessary adjustment.

SECTION 6 - TIMERS

If utilized, timers shall be adults, and preferably, staff members.

SECTION 7 - TIE GAMES

If a regulation game ends in a tie, the game shall be declared a tie. However, League playoff games will use the CIF-SS overtime rule. There shall be no overtime periods.

SECTION 8 - OFFICIALS

It shall be mandatory that three (3) association officials be assigned for all Varsity contests.

SECTION 9 - EARLY TERMINATION OF GAMES

If play is suspended in a soccer match before half-time, with one team ahead, a continuation match shall be scheduled between the two Channel League schools with all of the same conditions in effect as those existing at the point of the initial suspension. This is to include the amount of time remaining to complete a match, the score, and any red/yellow card violations issued for that game. If a game is terminated after one half of play, it shall stand as a completed game and will not be rescheduled.

SECTION 10 - RED CARDS, YELLOW CARDS

If a player receives a red card, he/she will be ineligible to play in the next League game. If a red-carded person plays, the game shall be forfeited. It shall be the responsibility of the Athletic Director of the school with the red-carded player to contact the next opponent prior to the subsequent contest. A substitute must be put in immediately for any player that has received a yellow card. The player may re-enter the game in the team's next allowable situation.

SECTION 11 - ALL-LEAGUE SELECTIONS

All-League selections shall be determined by a quota requirement and limited to 16 athletes, including the Most Valuable offensive and defensive players.

- **First Team:**

1 Offensive MVP/Defensive MVP will come from the nominees below:

- 1st - 5 automatic
- 2nd - 3 automatic
- 3rd - 2 automatic
- 4th - 2 automatic
- 5th - 1 automatic
- 6th - 1 automatic
- 7th - 1 automatic
- 8th - 1 automatic

- **Second Team and Honorable Mention:** Coaches shall select 2 athletes for All-League second team and 2 athletes for Honorable Mention.

SECTION 12 - TIES

When two or more teams tie for a championship, they shall be designated co-champions. (*Article 5, Section 9*). For CIF Competition, the following will take place:

- A. The results of head-to-head competition among the tied teams shall determine seeding and/or representation.
- B. If head-to-head competition does not resolve the tie and in the event the number of tied teams and the number of invitations are equal, a toss of the coin by the League President shall determine seeding positions in the playoffs.
- C. If head-to-head competition does not resolve the tie and the number of tied teams is greater than the number of invitations, a playoff shall be held. The President of the League and representative of each involved school shall administer such playoffs.

Arrangements should be made within the following guidelines:

- 1. Home teams shall be determined by a coin flip. The home team shall make all Game arrangements.
 - 2. The contest site shall be played at the home team’s site.
 - 3. Any profit or loss shall be equally shared by the participating schools.
 - 4. In the event three or more teams are involved in a playoff, a blind draw by the League President shall determine all Bracketing and Byes.
- D. When playoff contests are not possible, the authorities of each school may agree to determine the representatives in their own manner. In the event there is no agreement, the League President shall conduct a vote of all League schools. If such voting results in a tie, a coin flip shall determine representatives.

ARTICLE XII SOFTBALL

SECTION 1 - CHAMPIONSHIPS

Championships shall be recognized at the Varsity, Junior Varsity, and Freshman level. Championships will be determined by win-loss record.

SECTION 2 - LENGTH OF GAMES AND STARTING TIMES

A regular Softball game shall consist of seven innings. Games shall be scheduled at 3:30p.m.. Junior Varsity games shall be as follows:

- A. Four innings if there is a run differential of fifteen or more.
- B. No inning may start after two hours has elapsed.

SECTION 3 - GAME BALL

For all games, a top-grade optic yellow leather ball shall be used. The ball must have the National Federation of High Schools (NFHS) authentication mark.

SECTION 4 - BATTING PRACTICE

Channel League Softball teams WILL NOT be permitted to take batting practice on the day of the scheduled contest. Batting practice includes bunting or slap hitting.

- A. Batting practice is construed as any type of pitching motion with ANY type of ball from in front of the batter (including pitching machines, underhand tossing, overhand throwing, or pepper). **SIDE SOFT TOSS and BATTING TEES WILL BE ACCEPTABLE FOR PRE-GAME BATTING WARMUP.**

- B. The player who tosses the ball must not be standing; they must be sitting or on a knee directly to the side facing the batter. The ball should be lifted, not pitched, to the batter. Coaches are responsible for instructing and alerting all players of this rule. Coaches should also instruct players on the correct allowable position a person tossing a ball should be in. At no time should the person tossing the ball be any place other than directly to the side of the “plate” and directly facing the batter.

- C. The use of the batting cage will not be permitted by any team prior to a Channel League baseball contest.

THE PENALTY FOR BATTING PRACTICE WITH A WIFFLE BALL, SOFTBALL, BASEBALL, FRONT TOSS, ETC. MAY BE FORFEITURE OF THE GAME.

Since this is a league rule, any protests are to be made to the league through your AD or Administrator in charge following the Protest procedures outlined in the Code Book. Protests are not to be made to the Officials Association or CIF.

SECTION 5 - PRE-GAME PRACTICE

It will be accepted practice for the home team to take infield at 2:45 and the visiting team at 3:00.

SECTION 6 - RAINOUTS

Rain outs shall be made up in the following manner:

- C. The game will be played:
 - 2. The first Wednesday following a Tuesday rainout, or the first Monday following a Friday rainout.

- D. 1. If there are circumstances that do not allow the Wednesday/Monday makeup, athletic directors and school administration will determine dates to make up those games.

SECTION 6 - CIF RAINOUT/SUSPENDED GAME GUIDELINES

If games are started and then must be called due to inclement weather, the following NFHS rules apply:

- A. If a game has reached 4 and one-half completed innings, with the Home team

ahead, then it is an official game and the result will stand. In other words, the Visiting team has had 5 completed innings at bat and the Home team is ahead in the contest.

B. If the game has reached 5 completed innings, with the Visiting team ahead, then it is an official game and the result will stand. In other words, if both teams have had 5 completed innings at bat and the Visiting team is ahead in the contest.

C. If a contest has not reached the required number of innings to be an official contest, and the game is called due to inclement weather, then the game is ended at that point. When the teams resume play on their next available date, the game starts over with no score. Also, no statistics from a game that ends before it is an official contest will be recorded.

D. If a contest has reached the required number of innings to be an official contest and is tied but must be suspended due to weather conditions or darkness interferes with play NFHS Rule 2-26-1 will be in effect.

Note: Lineup cards would remain the same from the point that the game was suspended.

SECTION 8 - ALL-LEAGUE SELECTIONS

All-League selections shall consist of 15 athletes, nominated by coaches.

First Team	1st - 4 automatic selections
	2nd - 3 automatic selections
	3rd - 2 automatic selections
	4th - 2 automatic selections
	5th - 1 automatic selection
	6th - 1 automatic selection
	7th - 1 automatic selection
	8th - 1 automatic selection

MVP will be one of these 15 players

Coaches may also select a pitcher of the year, out of these 15.

Second Team	1st - 2 automatic selections
	2nd - 2 automatic selections
	3rd - 2 automatic selections
	4th - 2 automatic selections
	5th - 2 automatic selections

6th - 2 automatic selections

7th - 2 automatic selections

8th - 1 automatic selection

Honorable Mention: Coaches select 2 honorable mention athletes from their school

SECTION 8 - TIES

When two or more teams tie for a championship, they shall be designated co-champions. (*Article 5, Section 9*). For CIF Competition, the following will take place:

- A. The results of head-to-head competition among the tied teams shall determine seeding and/or representation.
- B. Prior to the start of Channel League games, school Administration or head coaches shall draw numbers (1-8). This number order will be used as a tie breaker if head-to-head competition does not resolve the tie.
- C. If head-to-head competition does not resolve the tie and in the event the number of tied teams and the number of invitations are equal, and those teams are **in the same playoff division**, the lower numbers drawn by the administration (or at the head coaches meeting) prior to the season will be the tie-breaker.
- D. If two or more teams are tied and the head-to-head competition does not resolve the tie, and they play **in different playoff divisions**, those teams can remain as a tie. Those teams would be submitted as 1T or 2T (etc..) on the CIF Playoff documents.
- E. If head-to-head competition does not resolve the tie and the number of tied teams is greater than the number of invitations, **a playoff shall be held**. The President of the League (or designee) and representative of each involved school shall administer such playoffs.

Arrangements should be made within the following guidelines:

- 1. Home teams shall be determined by a coin flip. The home team shall make all Game arrangements.
- 2. Any profit or loss shall be equally shared by the participating schools.
- 3. In the event three or more teams are involved in a playoff, coin flips will determine game order and possible byes.

When playoff contests are not possible, the authorities of each school may agree to determine the representatives in their own manner. In the event there is no agreement, the League President shall conduct a vote of all League schools. If such voting results in a tie, a coin flip shall determine representatives.

ARTICLE XIII SWIMMING & DIVING

SECTION 1 - CHAMPIONSHIPS

Separate League championships shall be recognized for boys and girls at the Varsity and Junior Varsity level. Championships shall be determined by a combination of the won-lost record in dual meets, and place finish in the all-Pacific View League meet. A point system based upon the dual meet competition shall be employed as follows: a team shall be awarded 1 point for every League opponent it defeats. The same point system will be employed for placing in the All-League meet. The total combined points of dual meets and the All-League meets will determine the League Champions.

SECTION 2 - RULES

National Federation Rules shall govern League swimming competition.

SECTION 3 - STARTING TIMES

Swim meets shall start at 3:00 p.m., and Diving competition will begin at 2:30.

SECTION 4 - DUAL MEETS

All League dual competition shall be conducted as a combined meet to include boys and girls. Team scores shall be maintained separately. League dual meets shall provide for Varsity and Junior Varsity competition in boys and girls divisions.

SECTION 5 – ALL - LEAGUE MEET

The date, place and time of the All- League meet shall be specified by the schedule approved by the Council. The week of the meet shall be scheduled as follows:

- *Tuesday Boys' and Girls' Swim Prelims without relays*
- *Wednesday Diving Finals (If necessary)*
- *Thursday Boys' and Girls' Swim Finals*

* (Admission shall be charged for League prelims and finals.)

The Pacific View League Swimming meet shall follow the same order of events as that of CIF Swimming Championships.

SECTION 6 - CIF-SS-QUALIFYING

Individuals and relay teams may establish CIF qualifying times in any League meet in accordance with CIF procedures.

SECTION 7 - ORDER OF EVENTS

The order of events shall be as specified in the CIFSS Blue Book with the exceptions as noted:

- A. Girls diving will be the first event. Boys diving will be the second event.
- B. The rotation of events for combined boys' and girls' meets shall be: Girls' JV, Boys' JV, Girls' Varsity, Boys' Varsity.

SECTION 8 - MEET OFFICIALS

Starters shall be assigned by the Channel Coast Officials Association. Other officials such as timers and judges shall be provided by the home school. For the All- League meet and prelims, each participating member school shall provide two adult officials to assist the host school. Unless excused in advance by the host school, a fee of \$25.00 will be assessed for each official not reporting. The funds are to be used to assist the host school in securing officials.

SECTION 9 - ALL-LEAGUE SELECTIONS

The top finisher in each event in the Varsity division at the League Championship meet shall be declared "All-League.

ARTICLE XIV TENNIS

SECTION 1 - CHAMPIONSHIPS

Championships shall be determined at the Varsity level only. Championships will be determined by the won-lost records.

SECTION 2 - RULES

All Tennis competition shall be governed by the United States Tennis Association (U.S.T.A.), the Southern California Tennis Association (S.C. T. A.) Code of Ethics, and the CIF-SS.

SECTION 3 - INDIVIDUAL TOURNAMENT

There shall be held each year a Pacific View League Individual Tournament. Results of this tournament shall determine Pacific View League entries into the CIF-SS Individual Championships. First and second singles and doubles players shall represent the League. The site shall be rotated alphabetically.

SECTION 4 - TIME OF MATCHES

Dual matches shall begin at 3:00 p.m. In the fall, when standard time resumes, girls tennis matches shall begin at 2:30 p.m. The host school shall determine the time of the Individual Tournament.

SECTION 5 - SCORING

Dual matches shall be scored with strict adherence to the CIF-SS Tennis regulations, including tie-breakers.

SECTION 6 – TIE BREAK SYSTEM

In any set when the score reaches 6-6, the USTA 7 out of 12 point tie-break system shall be used
7 OUT OF 12 POINTS

SINGLES: A serves the first point (from Right court); B serves points 2 and 3 (Left and Right); A serves points 4 and 5 (Left and Right); B serves point 6 (Left) and after they change ends, point 7 (Right); A serves points 8 and 9 (Left and Right); B serves points 10 and 11 (Left and Right) and A serves 12 (Left). If points reach 6-all, players change ends and continue as before A serves point 13 (Right); B serves points 14 and 15 (Left and Right); etc., etc., etc., until one player establishes a margin of two points. Players change ends for one game to start the next set, with player B to serve first.

DOUBLES follows the same pattern preserving the sequence of their serving turns.

(Assuming A & B vs. C & D) Player A serves first point (Right); C serves 2 and 3 (Left and Right); B serves 4 and 5 (Left and Right); D serves 6 (Left) and, after teams change ends, point 7 (Right)...A serves 8 and 9 (Left and Right); C serves 10 and 11 (Left and Right); and B serves point 12 (Left)...If points reach 6-all; teams change ends and continue as before—B serves point 13 (Right); D serves points 14 and 15 (Left and Right); etc., etc., until one team establishes a margin of two points. Teams change ends for one game to start the next set with team C & D to serve first.

NOTE: In this Wimbledon style tiebreaker, serve rotation is maintained, although each of the four players may find that she must serve from the end of the court opposite to that from which she served during the set

SECTION 7 – TIE IN POINTS

In case of a tie in points when all sets have been counted, the total number of games (including any tiebreaker games) shall determine the winner.

SECTION 8 - BALL

For all matches, the official ball shall be one of the following: (1) Wilson Championship Extra Heavy Duty; (2) Penn Extra-Duty; or (3) Dunlop Championship.

SECTION 9 - LINEUPS

Coaches shall exchange complete lineups of players present. This shall be done prior to players taking assigned courts. If for any reason players, both singles and doubles, are entered in any order other than ability, the opposing coach should be so informed. In cases of extreme illness, accident, or other emergency situations, participating coaches may agree to waive this rule.

SECTION 8 - PLAYER LIMITATION

In dual matches, no player may participate in more than one event. In the individual tournament, a player may, after being eliminated from singles competition, play in the doubles tournament.

SECTION 9 - INJURY

If, a player is injured at any point during a team match, play may be halted for five (5) minutes **ONCE**. A second stoppage causes a player/team to retire the set. There is no substitution for injury during the set and should a player be unable to continue play, the set is forfeited. The retired player keeps his/her game score, while the opponent is awarded the number of games to win the set. This may include a tie-breaker.

SECTION 10 - SUBSTITUTION

Teams may substitute at the end of any set.

- A. Players may not be moved from singles to doubles, doubles to singles, or changed in the rotation.
- B. Once players are removed from the line-up, they may not return to the line-up.
- C. Players must be present at the start of the match to be eligible for entry.

SECTION 11 - COACHING

Round robin play stipulates that coaching may take place only on changeovers, providing it does not interfere with the continuous play rule. In match play, coaching is prohibited, except during the 10-minute rest period between the second and third set of a three-set match.

SECTION 12 - ABBREVIATED PLAY

When the possibility of darkness interfering with play exists, coaches should establish an agreeable limitation prior to beginning the match. If lights are available, play shall continue. If a match is halted because of darkness, the following rules shall prevail:

- A. If one team has not won 10 of the 18 individual sets, the team match shall be rescheduled.
- B. All lineups shall remain unchanged **except as permitted in section 11**, completed sets shall be scored as such, and incomplete sets shall be continued from the point of interruption.
- C. If 10 of the 18 individual sets have been completed when the match is halted, the players having the greatest total number of games won shall be determined the winner of the interrupted sets and their scores counted in the team total.

In the event of rain, the coach of the home school shall determine the playability of the courts. If the match is halted, rules **A,B, and C** above shall be applied.

SECTION 13 – ALL LEAGUE SELECTIONS

Most Valuable Player: The Pacific View League Most Valuable Player shall be determined by a secret vote of the varsity coaches upon discussion and review of the candidate's qualifications. This process shall be administered by the League representative.

All-League Honors: Selection of the All Pacific View Tennis Team shall be made solely by the varsity coaches. Upon notification by the League representative, each coach shall prepare a list of all-league candidates to be submitted to the League representative in advance of the singles tournament. The League representative shall create a master list to be presented to the coaches for discussion on the day of the singles tournament. The discussion shall immediately be followed by secret ballot administered by the League representative. The top ten vote-getters including remaining MVP candidates, shall be awarded **First Team** status regardless of the event in which they participated. **Second Team** status shall be determined after first team honors have been awarded but shall be limited to no more than ten athletes. Athletes not selected to the First Team may be awarded Second Team or **Honorable Mention** status.

ARTICLE XV

TRACK & FIELD

SECTION 1 - CHAMPIONSHIPS

Separate League championships shall be recognized for boys and girls at the Varsity and Junior Varsity level. Championships shall be determined by the won-lost record in dual meets.

SECTION 2 - STARTING TIME

Track meets shall start at 3:00. Night schedules or Saturday meets shall be established by mutual consent. In the case of the All-League meet, the host school shall determine the time schedule.

SECTION 3 - DUAL AND TRI-MEETS

All League dual competition shall be conducted as a combined meet to include boys and girls. Team scores shall be maintained separately. League meets shall provide for Varsity and Junior Varsity competition in boys and girls divisions.

- A. **Meet Entry** – Athletes will be entered into meets electronically, using HY-TEK or other league adopted software. The file containing visiting teams' entries must be received by the host school no later than 7:00 PM on the day before the scheduled competition. Subsequent changes to the entries may occur with the mutual consent of the schools involved. Relay entries must include the names of runners and alternates.

- B. **Lane Assignments** - In dual meets, the home team shall be assigned the odd-numbered lanes, and the visitors shall be assigned the even-numbered lanes. Lanes 3 and 4 shall be used in the relays. In tri-meets, the home team shall be assigned lanes 1, 4, and 7; visitor #1 shall be assigned 2, 5, and 8; and visitor #2 shall be assigned 3, 6, and 9. Relays shall be run in lanes 3, 4, and 5, with the home school on the inside lane. Visitor #1 and #2 shall be determined by team order on the adopted Pacific View League schedule.

- C. **Field Events** - In the Discus, Long Jump, Triple Jump, and Shot Put, each competitor is allowed four (4) attempts, on Varsity level, and (3) attempts on Junior Varsity level. The Long Jump and Triple Jump will have a 1-1/2 hour time limit. The order of the High Jump, Shot Put, and Discus is to be determined by the home team, and visitors will be notified upon arrival.

SECTION 4 - LEAGUE CHAMPIONSHIP MEET

There shall be a League Finals meet held yearly. This meet shall serve to determine the All-Pacific View League Track Team. The winner of each varsity event shall be declared first team All-League. The meet shall also serve to determine the league qualifiers to the CIFSS championships.

- A. **The Preliminary Meet** - shall include all Track and Field events excluding the relays and 3200 meter runs. The results of individual events shall determine lane assignments for the finals. The number of qualifiers shall be limited to nine contestants in each

event, plus ties. Individuals disqualified in an event of the preliminary meet shall be eliminated from the event in the finals.

- B. **Minimum Qualifying Standards** - Athletes who have not achieved the adopted minimum qualifying marks shall not be entered in the Pacific View League prelims except by unanimous consent of head coaches. However, each school is guaranteed one entry per event even if it does not have an athlete who meets the minimum standard. Minimum standards shall be set at the pre-season coaches' meeting.
- C. **Officials** – Each member school **will be obligated to** provide officials to assist the host school at the League Prelims and League Finals. A greater equitable number of officials shall be provided if the host school makes a request at least two weeks prior to the meet. Schools not sending officials will be assessed a **\$100** fee for missing official(s). The funds are to be used to assist the host school in securing officials. Unused funds are to be turned into the League Treasurer.
- D. There will be an **admission charge** for the League Finals meet.

SECTION 5 - ORDER OF EVENTS

The order of events shall be as prescribed in the **CIF-SS Blue Book**.

SECTION 6 - MEET SCORING

Dual Meet scoring points shall be as follows: first place = 5 points; second place = 3 points; third place = 1 point. In the relays, only first place shall be awarded.

Tri-meet scoring shall be: first place = 6 points; second place = 4 points; third place = 2 points; fourth place = 1 point. In the relays, first place shall receive 6 points and second place shall receive 3 points.

SECTION 7 - COACHES AND PARTICIPANTS

CIF-SS rules prohibit coaches from being on the field during championship meets. Participants at Track meets must remain in the stands or in the bullpen area when not competing.

SECTION 8 - OFFICIALS

Each member school **will be obligated to** provide officials to assist the host school at the All-League qualifying meet and the All-League finals. A greater equitable number of officials shall be provided if the host school makes a request at least two weeks prior to the meet. Schools not sending officials will be assessed a **\$100.00** fee for missing official (s). The funds are to be used to assist the host school in securing officials. Unused funds are to be turned in to the League treasurer.

SECTION 9 - POLE VAULT

ARTICLE XVI

VOLLEYBALL

SECTION 1 - CHAMPIONSHIPS

Championships shall be determined at the Varsity and Junior Varsity level. In each case, the team with the best won-lost record in dual competition shall be declared the champions.

SECTION 2 – TIE BREAKERS

When two or more teams tie for a championship, they shall be designated co-champions. (*Article 5, Section 9*).

- A. In the event of a 2 way tie 1st or 2nd place, the following criteria shall determine CIF seeding:
 - 1. Head-to-Head matches in League Play
 - 2. Head-to-Head sets in League Play
 - 3. Coin Flip
- B. In the event of a 3-way tie for 1st, 2nd, or 3rd, the following criteria shall determine CIF seeding:
 - 1. Match record versus other two teams involved in the tie.
 - 2. Set record versus other two teams involved in the tie
 - 3. Point differential versus other two teams involved in the tie.
 - 4. Coin Flip
 - 5. After the highest or lowest CIF seed is determined, the 2 way tie-breaking criteria shall apply for the remaining two teams if necessary
- C. In the event of a 2 or 3-way varsity tie for 4th place,
 - 1. Head to Head
 - 2. A tie-breaking match shall determine the 4th CIF playoff spot.

SECTION 3 - LENGTH OF GAMES AND STARTING TIMES

Varsity games shall be three out of five and Junior Varsity two out of three, all games of fifteen. Junior Varsity games shall start at 5:00, Varsity at 6:30. The Varsity match will start no later than 20 minutes after the conclusion of the JV match.

SECTION 4 - BALL

The ball shall include 'NFHS' Authenticating Mark as outlined in the National Federation Rule Book.

SECTION 5 - COURTS AND COURT LINES

All Volleyball games shall be played on the center court of the gym in order that players may enjoy freedom of movement in playing the ball. Court lines shall be painted a bright color in order that they may be readily seen by players and officials.

ARTICLE XVII

WATER POLO

SECTION 1 - CHAMPIONSHIPS

Championships shall be determined at the Varsity and Junior Varsity levels. In each case, the team with the best won-lost record in dual competition shall be declared the champion.

SECTION 2 - LENGTH OF GAMES AND STARTING TIMES

The length of games shall be four quarters of seven minutes for the Varsity and five for the Junior Varsity. The Varsity games shall begin at 3:15 with the Junior Varsity to follow immediately.

SECTION 3 - BALL

The highest quality yellow or multi-color ball required by CIF-SS Playoffs shall be used for all league matches. The ball shall include 'NFHS' Authenticating Mark as outlined in the National Federation Rule Book. The ball will be size 5 for boys and size 4 for girls.

SECTION 4 - COLOR CONFLICT

The home team shall wear dark caps.

SECTION 5 - PENALTY FOUL INDICATORS

The home team shall provide penalty flags.

SECTION 6 - TIES

When two or more teams tie for a championship, they shall be designated co-champions. (*Article 5, Section 9*). For CIF Competition, the following will take place:

- A. The results of head-to-head competition among the tied teams shall determine seeding and/or representation.
- B. If head-to-head competition does not resolve the tie and in the event the number of tied teams and the number of invitations are equal, a toss of the coin by the League President shall determine seeding positions in the playoffs.
- C. If head-to-head competition does not resolve the tie and the number of tied teams is greater than the number of invitations, a playoff shall be held. The President of the League and representative of each involved school shall administer such playoffs.

Arrangements should be made within the following guidelines:

- 1. Home teams shall be determined by a coin flip. The home team shall make all Game arrangements.
- 2. The contest site shall be neutral unless competing schools mutually agree to other arrangements.

3. Any profit or loss shall be equally shared by the participating schools.
 4. In the event three or more teams are involved in a playoff, a blind draw by the League President shall determine all Bracketing and Byes.
- D. When playoff contests are not possible, the authorities of each school may agree to determine the representatives in their own manner. In the event there is no agreement, the League President shall conduct a vote of all League schools. If such voting results in a tie, a coin flip shall determine representatives.

ARTICLE XVIII WRESTLING

SECTION 1 - CHAMPIONSHIPS

Championships shall be determined at the Varsity and Junior Varsity level. In each case, the championship shall be determined by dual meet won-lost records

SECTION 2 - STARTING TIME

Starting times shall be as follows:

- Weigh-in - 4:00 p.m.
- Junior Varsity-5:00 p.m.
- Girls Varsity - 6:00 PM
- Varsity-7:00 p.m.

SECTION 3 - LENGTH OF PERIODS

The length of periods shall be Varsity two minutes, and Junior Varsity one and one-half minutes.

SECTION 4 - WEIGH-IN

Wrestlers shall weigh in as provided for in the national rules. It is strongly recommended that a wrestling official be present at all League contest weigh-ins.

SECTION 5 - ALL-LEAGUE TOURNAMENT

The League shall sponsor a Varsity Tournament which shall serve as the CIF-SS qualifying meet a week prior to the CIF-SS tournaments. The tournament will be under guidelines of the Federation handbook. The League shall assume all expenses of the tournament.

- A. **All-League** - The winner of each Varsity weight division shall be declared All-Channel League.
- B. **Entries** - Each school shall be allowed one representative per weight class.

- C. **Officials** - Officials shall be assigned by the Area Commissioner from the local association. The number required shall be two more than the available mats.
- D. **Seeding** - There shall be an official seeding meeting held at 7:00 p.m. on a week night preceding the Varsity tournament. The wrestling coach of the host school shall determine the night and the place of the meeting. Seeding will be done in the manner recommended in the Federation handbook. Four wrestlers are to be seeded in each weight division. Once seconded, a wrestler may not be withdrawn from the seeding. If there are changes in entries at weigh-in time, the entire weight class will be reseeded if necessary.
- E. **Tournament Schedule** - The Varsity tournament shall be conducted as follows:
- | | |
|-----------|------------|
| Weigh-ins | 8:00 a.m. |
| Prelims | 10:00 a.m. |
- Championship and Consolation finals to follow prelims.
- F. **CIF-SS Individual Qualification** – Only Wrestlers that participate in Varsity League Tournament are eligible to participate in the CIF-SS Individual Tournament. In the event the CIF-SS invites three wrestlers per weight class from our League, the League Champion , Runner-up and third place shall be declared the representatives. The losers of two semi-finals will wrestle for third and fourth place. The fourth place finisher will be determined as the alternate for the CIF Individual Tournament.
- G. **Non Availability of Alternate Wrestler to CIF-SS Individual Tournament** In the event the alternate is not available, the next highest seeded wrestler who did not finish in the top 4 will be considered to fill any vacancy left by the PVL. Seeding is determined as outlined in Section 5 D.
- H. **Gate Receipts** - Net gate receipts shall be assigned to the League.

SECTION 6 - NOVICE TOURNAMENT

The Channel League will have a Novice Tournament.

SECTION 7 - SENIOR COMPETITION

In League meets other than the All-League Championship meet, seniors will be allowed to wrestle on the Junior Varsity level.

SECTION 9 - TIES

When two or more teams tie for a championship, they shall be designated co-champions. (*Article 5, Section 9*). For CIF Competition, the following will take place:

- A. The results of head-to-head competition among the tied teams shall determine seeding and/or representation.
- B. If head-to-head competition does not resolve the tie and in the event the number of tied teams and the number of invitations are equal, a toss of the coin by the League President shall determine seeding positions in the playoffs.
- C. If head-to-head competition does not resolve the tie and the number of tied teams is greater than the number of invitations, a playoff shall be held. The President of the League and representative of each involved school shall administer such playoffs.

Arrangements should be made within the following guidelines:

1. Home teams shall be determined by a coin flip. The home team shall make all Game arrangements.
 2. The contest site shall be neutral unless competing schools mutually agree to other arrangements.
 3. Any profit or loss shall be equally shared by the participating schools.
 4. In the event three or more teams are involved in a playoff, a blind draw by the League President shall determine all Bracketing and Byes.
- D.** When playoff contests are not possible, the authorities of each school may agree to determine the representatives in their own manner. In the event there is no agreement, the League President shall conduct a vote of all League schools. If such voting results in a tie, a coin flip shall determine representatives.

**APPENDIX I
CHANNEL LEAGUE CODE BOOK**

Meeting and All-League Assignment

<i>SPORT</i>	<i>BHS</i>	<i>DP</i>	<i>OHS</i>	<i>PHS</i>	<i>RM</i>	<i>SM</i>	<i>SB</i>	<i>VHS</i>	<i>CI</i>
FALL SEASON									
Cross Country	X								
Football		X							X

Golf (Girls)						X			
Tennis (Girls)					X				
Volleyball (Girls)				X					
Water Polo (Boys)			X						
WINTER SEASON									
Basketball (Boys)					X				
Basketball (Girls)					X				
Soccer (Boys)	X						X		
Soccer (Girls)	X						X		
Water Polo (Girls)			X						
Wrestling								X	
SPRING SEASON									
Baseball		X							
Golf (Boys)						X			
Softball		X							
Swimming			X						
Tennis (Boys)						X			
Track	X								
Volleyball (Boys)				X					
Beach Volleyball							X		

APPENDIX II

PACIFIC VIEW LEAGUE CODE BOOK

PACIFIC VIEW LEAGUE FALL / WINTER / SPRING COACHES' MEETINGS

AGENDA

1. All coaches sign in.
2. Presentation by Channel Coast Officials Association representative.
 - a. New rules
 - b. Rule changes
 - c. Expectations / problems
 - d. Discussion of specific League rules
3. Detailed review of Pacific View League Code Book for specific sport
4. Confirm schedules (day, date, time and place) and levels of play.
5. Facilities
 - a. Where contests are held
 - b. Locker room / restrooms / snack bar
 - c. Peculiarities / problems at each site
 - d. Pre-game ceremonies / routines
6. Sportsmanship (see Code Book)
 - a. Are there existing problems?
 - b. How do we promote sportsmanship?
7. Playoff qualifying procedure
8. All-League Selection Meeting - date and procedure.
9. Other items relating to particular sports (e.g. rain outs, course rules, etc.)